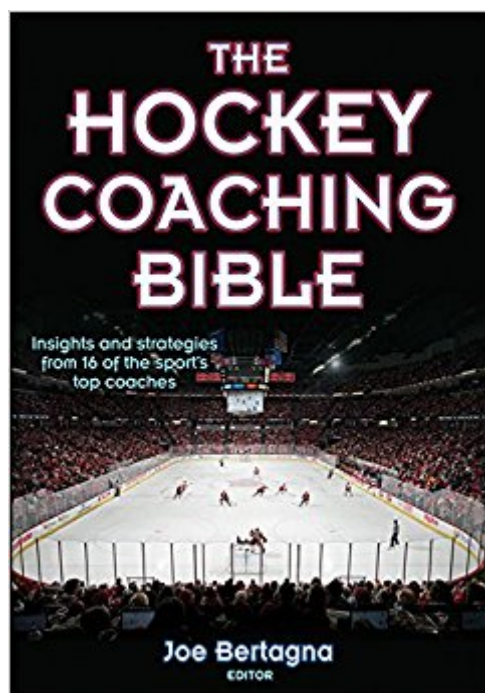


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# The Hockey Coaching Bible



## Synopsis

Featuring the insights, strategies, and experiences of the sport's top coaches, The Hockey Coaching Bible sets a new standard for those who teach the game, develop the players, and dominate the ice. Whether head coach or assistant, at the youth level or professional, you will find a wealth of information to improve performance and strengthen your program. You'll go inside the game with 16 of hockey's most respected teachers: Joe Bertagna, Bill Cleary, Tom Anastos, Guy Gadowsky, Mike Schafer, Marty Palma, Hal Tearse, Mike Cavanaugh, Jack Parker, Rick Comley, Mark Dennehy, Ben Smith, E.J. McGuire, George Gwozdecky, Nate Leaman, and Mike Eaves. Every facet of coaching is covered. The book features the most effective drills for developing players at each position and in-game strategies for various game situations, including offensive, defensive, and neutral-zone play and power plays and penalty kills. In addition to on-ice Xs and Os, you'll find sage advice for building a program from the ground up, furthering your professional development as a coach, and gaining community and parental support for projecting a positive image and earning the respect of your players and supporters. Never has there been a more comprehensive coaching resource on the game. With The Hockey Coaching Bible, you'll build your program into a powerhouse.

## Book Information

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## Customer Reviews

"For those of us who were fortunate to play college hockey, the lessons we learned there,

on and off the ice, have never gone away. The Hockey Coaching Bible presents the best of these lessons from an array of coaches, some still active and some retired. The messages collected in this book are sure to help hockey coaches and players at all levels of the game.

—Mike Eruzione— Captain, 1980 U.S. Olympic Team —“The hockey world is full of colorful, passionate characters. Joe Bertagna has culled some of the best and brightest from this world to collaborate on a range of coaching topics. These guys know the game intimately and deliver insightful perspectives to current or aspiring coaches. Better—and cheaper—than any coaching clinic you can find!”

—Mike Milbury— NBC Sports Network Analyst and Former NHL Player and Coach —“Some of the great coaching minds from college hockey have come together in one place to give young coaches all they need for success. They cover every aspect from building a program to setting an example for honest behavior. This is a must-read for any young hockey coach.”

—Bobby Orr— NHL Hall of Fame Defenseman —“Hockey coaching really is several vocations rolled into one—a process that combines constant teaching, communication, and counseling with full-time study of the sport. Every time a coach runs a practice, coaches a game, or watches a game, he or she sees something new. The Hockey Coaching Bible gathers many of those observations into one volume that is sure to be useful for coaches, players, parents, and fans of our great sport.”

—Gary Bettman— Commissioner National Hockey League

Joe Bertagna has been a collegiate hockey administrator for more than 30 years. Since 1997, he has served as commissioner of Hockey East, the preeminent conference in college hockey, whose member schools have earned seven NCAA championships under his leadership. Before his move to Hockey East, Bertagna served 15 years with the Eastern College Athletic Conference (ECAC), where he held the positions of tournament director, executive director, and commissioner. Both with ECAC and Hockey East, Bertagna has been a champion of women’s hockey, having initiated ECAC Division I and Division III league play and led the formation of the Women’s Hockey East Association, whose championship trophy is named in Bertagna’s honor. In addition to his commissionership of Hockey East, Bertagna is executive director of the American Hockey Coaches Association, a position he has held since 1991. He also serves on the board of directors of both USA Hockey and the Hockey Humanitarian Award Foundation. For 40 years Bertagna has operated his own clinics for thousands of goalies of all ages. Bertagna began his professional coaching career in 1985 with the National Hockey League (NHL) Boston Bruins, where he was goaltender coach until 1991, and then again for the 1994-95 season. He also

was assistant coach for the U.S. men's national team at the 1991 Canada Cup, the U.S. Olympic men's ice hockey team at the 1994 Winter Olympics in Lillehammer, and the International Hockey League's Milwaukee Admirals from 1994 to 1996. As a player, Bertagna was a standout goaltender for Harvard University. After graduating in 1973, he played professionally for the Milwaukee Admirals and in Cortina, Italy, where the team won the Italian Ice Hockey Championship in 1975. Bertagna and his wife, Kathy, reside in Gloucester, Massachusetts, with their three children.

This book is great for that Coach yearning to learn more. It is based mostly on NCAA hockey. And THAT is the only reason I didn't give it 5 stars. If I KNEW it was so much about college hockey before I bought it, I'd give it 5. '

I thoroughly recommend this book for all levels. Getting insight from these coaches in this format is priceless. Kudos to the author for putting this together. A terrific read.

Great gift for our youth hockey coach!

good book

The Hockey Coaching Bible is a compilation of chapters written about college hockey from some highly prestigious coaches who are experts in the field. Though the book seems to be marketed for coaches at any level, I think it would be a worthwhile read for any hockey parent or spectator who wants to learn more about the game. The early chapters discuss such topics as recruiting practices, team mission, professional responsibility, funding and community support and putting together a new team. They were interesting and informative. However, I really enjoyed the sections which discussed the ideal skills necessary for each position on the team and specific drills, plays and tactics used in practice and competition. As a college hockey season ticket holder, it will increase my ability to understand and appreciate what I am watching. I know some hockey moms who admit to not really knowing the game; this book would certainly help! Lastly, for those of you like me who have been enjoying the game for decades now, interwoven in the chapters is reference to the evolution of the sport as well as developing trends for the future. These brought back happy memories of my youth and made me feel like I had some insider info for the future.

I received this as a review copy. I am not a hockey coach but live in hockey country and know many people involved in the sport. I think this book would be very useful for anyone coaching or attempting to start up a club program (for any sport for that matter, but obviously in particular for hockey)...there are a lot of descriptions of different aspects of the game, as well as aspects of developing your team, team philosophy, etc. As a spectator, I found many of the descriptions of strategies and different playing styles interesting and useful in my understanding of the sport, and there were a lot of neat little tidbits about hockey history as well. My hometown of Austin, MN even gets a nod in the annals of hockey history!! I liked that each chapter is written by a different prominent coach, and there is a description of each coach's experience in the back of the book.

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